



**AAS in Wellness and Exercise Science to
Bachelor of Applied Arts & Sciences in Business
2018-2019 Catalog**



First Year Tyler Junior College

FIRST SEMESTER	SECOND SEMESTER
^C BIOL 2401 – Anatomy & Physiology I (030)	^C BIOL 2402 – Anatomy & Physiology II (030)
FITT 1303 – Fitness Event Planning and Promotion	FITT 2331 – Group Exercise Instruction
FITT 1237 – Personal Training	FITT 1343 – Performance Enhancement for Athletics
FITT 2333 – Fitness Industry Operations and Technology	FITT 2311 – Prevention and Care of Exercise Injury
FITT 2301 – Lifestyle Change for Wellness	FITT 1495 – Special Topics in Kinesiology and Exer. Sci.
Total semester hours: 15	Total semester hours: 17

Second Year Tyler Junior College

It is best to apply to TWU a full semester before you plan to transfer. It will help if you submit a copy of this pathway with your application.

FIRST SEMESTER	SECOND SEMESTER
FITT 2313 – Exercise Science	FITT 2409 – Theory of Exer. Prog. Design and Instruction
FITT 1401 – Fitness and Exercise Testing	^C SPCH 1315 – Public Speaking * (010)
FITT 1394 - Special Topics in Kinesiology and Exer. Sci	^C PSYC 2314 – Lifespan Growth and Development * (080)
Total semester hours: 10	^C XXXX X3XX – Creative Arts Core * (050)
	^C ENGL 1301 – Composition I (010)
	FITT 2264 – Practicum (or Field Exp.) – Health/Phys. Ed.
	Total semester hours: 18

AAS: Wellness and Exercise Science

You will need to apply for the associate's degree at your community college. Contact your advisor there for more information.

Third Year Texas Woman's University

FIRST SEMESTER (15 SCH)	SECOND SEMESTER (15 SCH)
^C Language, Philosophy & Culture ^{040*}	^C MATH 1703 Elementary Statistics I ⁰²⁰ (MATH 1342)*
^C HIST 1013 US History I ⁰⁶⁰ (HIST 1301)	^C HIST 1023 US History II ⁰⁶⁰ (HIST 1302)
^C GOV 2023 U.S. Government ⁰⁷⁰ (GOVT 2305)	^C GOV 2023 Texas Government ⁰⁷⁰ (GOVT 2306)
3 Semester Credits of Electives*	^C Core Component Area Option ^{090*}
BUS 3003 Principles of Management	^C BUS 3393 Law for Women ⁰⁹⁰

Fourth Year Texas Woman's University

FIRST SEMESTER (15 SCH)	SECOND SEMESTER (15 SCH)
BUS 3513 Professional Presentation Strategies	BUS 4223 Human Behavior in Business Admin
BUS 3113 Principles of Marketing	BUS 3243 Entrepreneurship
BUS 3163 Business Communications	BUS 4903 ST: Finance for Small Business
BUS 3183 International Business ^{GP}	BUS 4903 ST: Info Systems/Data
BUS 3273 Human Resource Management	BUS 4343 Business Leadership Strategies

This is not an official degree plan. Check with an advisor; degree plans may change in later catalogs.

*You may take a different course to meet this requirement. A specific list is available from your advisor.

^CThis course counts for the Core Curriculum at any public college or university in Texas. Sometimes, taking a specific course to meet a Core requirement will also fulfill other requirements for your degree. If this course meets more than one requirement it is listed as the correct option (with no asterisk).

^{GP}TWU Global Perspective graduation requirement

()Course numbers shown in parentheses are equivalent to these courses at Texas Woman's University.

*For questions about the TWU portion of this guided pathway,
Contact the School of Management Advising at 940 898-2957 and/or som@twu.edu*