



**BACHELOR OF
APPLIED ARTS
& SCIENCES**
Experience
Discovery
Collaboration
Application

**AAS in Wellness and Exercise Science to
Bachelor of Applied Arts and Sciences
Guided Pathway
2019-2020 Catalog**

First Year – Tyler Junior College

| FIRST SEMESTER | SECOND SEMESTER |
|--|--|
| ^C BIOL 2401 – Anatomy & Physiology I (030) | ^C BIOL 2402 – Anatomy & Physiology II (030) |
| FITT 1303 – Fitness Event Planning and Promotion | FITT 2331 – Group Exercise Instruction |
| FITT 1237 – Personal Training | FITT 1343 – Performance Enhancement for Athletics |
| FITT 2333 – Fitness Industry Operations and Technology | FITT 2311 – Prevention and Care of Exercise Injury |
| FITT 2301 – Lifestyle Change for Wellness | FITT 1495 – Special Topics in Kinesiology and Exercise Science |

Second Year – Tyler Junior College

It's best to apply to UNT a full semester before you plan to transfer. It will help if you submit a copy of this pathway with your application.

| FIRST SEMESTER | SECOND SEMESTER |
|---|--|
| FITT 2313 – Exercise Science | FITT 2409 – Theory of Exercise Program Design and Instruction |
| FITT 1401 – Fitness and Exercise Testing | ^C SPCH 1315 – Public Speaking * (010) |
| FITT 1394 - Special Topics in Kinesiology and Exercise Sciences/Physiology & Movement Studies | ^C PSYC 2314 – Lifespan Growth and Development * (080) |
| | ^C XXXX X3XX – Creative Arts Core * (050) |
| | ^C ENGL 1301 – Composition I (010) |
| | FITT 2264 – Practicum (or Field Exp.) – Health/Phys. Ed. |

AAS: Wellness and Exercise Science

You will need to apply for the associate's degree at your community college. Contact your advisor there for more information.

Third Year – University of North Texas

| FIRST SEMESTER | SECOND SEMESTER |
|--------------------------------------|--|
| BAAS 3020 - Inquiry and Discovery | BAAS 3000 – Pathways to Civic Engagement |
| ^C Humanities Course (040) | Elective |
| ^C Component Area (090) | ^C Mathematics (020) |
| MGMT 3720 – Organizational Behavior | MGMT 4470 – Leadership |
| 3XXX-4XXX Concentration 3 | 3XXX-4XXX Concentration 3 |

Fourth Year – University of North Texas

| FIRST SEMESTER | SECOND SEMESTER |
|---|--|
| ^C PSCI 2305 – American Gov't: Process & Policies (070) | BAAS 4100 - Managing a 21 st Century Career |
| ^C HIST 2610 – US History to 1865 (060) | ^C PSCI 2306 - US and Texas Constitutions and Institutions (070) |
| ^C Component Area 3XXX-4XXX (090) | ^C HIST 2620 – US History since 1865 (060) |
| MGMT 3850 – Foundations of Entrepreneurship | MGMT 4660 – International Management Perspectives |
| 3XXX-4XXX Concentration 3 | 3XXX-4XXX Concentration 3 |

This is not an official degree plan. Check with an advisor; degree plans may change in later catalogs.

Part-time students may also follow this sequence. Developmental coursework may be required.

* You may take a different course to meet this requirement. A specific list is available from your advisor.

^C This course counts for the Core Curriculum at any public college or university in Texas.

() Course numbers shown in parentheses are equivalent to these courses at UNT.

UNT Concentrations:

In this plan, one Applied Arts and Science concentration is drawn from the community college coursework. A second is shown for illustration, and a third left open. There are many other possible concentrations that can be selected in consultation with your academic advisor.

For questions about the University portion of this degree plan, contact the UNT
Applied Arts and Sciences Unit Office at (940) 369-8129, baas@unt.edu
<http://baas.unt.edu>