



AA/AS General Studies
Kinesiology (Exercise Science) Emphasis to
Bachelor of Science in Kinesiology –
Exercise and Sport Studies Concentration ^T



Guided Pathway
Effective beginning with the 2020-2021 catalog

First Year - Collin College

(Developmental coursework may be required.)

FIRST SEMESTER	SECOND SEMESTER
^C ENGL 1301 Composition I	^C ENGL 1302 Composition II (or ENG 2311)
^C Mathematics (see list below) – 3 hours	^C Life/Physical Science (see list below) – 4 hours (TSU requires BIOL 2401 – Anatomy and Physiology I)
^C Speech (see list below) – 3 hours	^C Lang, Phil, & Culture (see list below) - 3 hours
^C History (see list below) – 3 hours	^C History (see list below) – 3 hours
Related Elective (see list below) - 3 hours (TSU requires KINE 1301 (PHED 1301) – Foundations of Kinesiology)	Related Elective (see list below) - 3 hours (TSU requires KINE 1338 (PHED 1338) – Concepts of Physical Fitness)

Second Year - Collin College

Apply to Tarleton State University a full semester before you plan to transfer.

FIRST SEMESTER	SECOND SEMESTER
^C GOVT 2305 Federal Government	^C GOVT 2306 Texas Government
^C Life/Physical Science (see list below) – 4 hours (TSU requires BIOL 2402 – Anatomy and Physiology II)	^C Creative Arts (see list below) – 3 hours
^C Social/Behavioral Science (see list below) - 3 hours	Related Elective (see list below) - 3 hours
Related Elective (see list below) - 3 hours	Related Elective (see list below) - 3 hours
Related Elective (see list below) - 3 hours	^C Elective (see list below) – 1 to 3 hours

AA in General Studies

Contact your advisor at Collin College for information about applying for your Associate's degree.

These courses may be taken at Collin College or TSU

Elective Course	Elective Course (4 hour)
KINE Activity Elective Course (2 hour)	Elective Course

Third Year – Tarleton State University

FIRST SEMESTER	SECOND SEMESTER
KINE 3370 – Physiology of Exercise	Advanced Elective Course
Advanced Elective Course	Advanced Elective Course
KINE 3380 – Adapted Physical Activity	KINE 3310 – Tests and Measurements
KINE 3360 – Sports Nutrition	KINE 2320 – Anatomical Kinesiology or KINE 3390 – Kinesiology
	KINE 3330 – Motor Behavior

Fourth Year – Tarleton State University

FIRST SEMESTER	SECOND SEMESTER
Advanced KINE Elective Course	Advanced KINE Elective Course
KINE 4305 – Capstone in Kinesiology	Advanced KINE Elective Course
Advanced KINE Elective Course	Advanced KINE Elective Course
	Advanced KINE Elective Course

This is not an official degree plan. Check with an advisor; degree plans may change in later catalogs.

Part-time students may also follow this sequence. Developmental coursework may be required.

* You may take a different course to meet this requirement. A specific list is available from your advisor.

^C This course counts for the Core Curriculum at any public college or university in Texas.

^T Degree availability varies by campus; consult www.tarleton.edu for more information.

History - choose two from: **HIST** 1301, 1302, 2301

Mathematics – **AS degree** MUST choose TWO from: **MATH** 1314, 1414, 1316, 1342, 2305, 2318, 2320, 2412, 2413, 2414, 2415. **AA degree** may choose ONE from above or ONE from: **MATH** 1324, 1325, 1332, 1350, 1351

Speech – choose one from: **SPCH** 1311, 1315, or 1321

Life & Physical Sciences – choose two from: **BIOL** 1406, 1407, 1414, 1415, 2401, 2402, 2406, 2416, 2421, **CHEM** 1411, 1412, 2423, 2425, **ENVR** 1401, 1402, **GEOL** 1403, 1404, **PHYS** 1401, 1402, 2425, 2426. (**AA and degree** may also choose from: **BIOL** 1408, 1409, 2404, 2420, **CHEM** 1405, **GEOL** 1401, 1402, 1445, 1447, **PHYS** 1403, 1404, 1405, 1410, 1415, 1417)

Language, Philosophy, & Culture - choose one from: **ENGL** 2322, 2323, 2327, 2328, 2332, 2333, 2342, 2343, **HIST** 2311, 2312, 2321, 2322, **HUMA** 1301, **PHIL** 1301, 1304, 2303, 2306, 2307, 2321

Creative Arts - choose one from: **ARTS** 1301, 1303, 1304, 1313, **DANC** 2303, **DRAM** 1310, 2361, 2362, 2366, **MUSI** 1306, 1307, 1310

Social and Behavioral Sciences – choose one from: **ANTH** 2302, 2346, 2351, **ECON** 2301, 2302, **PSYC** 2301, **SOCI** 1301, 1306

Related Electives - choose at least 12 hours from:

BIOL 1322 Nutrition and Diet Therapy **KINE** 1142 Varsity Conditioning I **KINE** 1144 Varsity Sports I

KINE 1304 Personal/Community Health

KINE 2142 Varsity Conditioning II **KINE** 2144 Varsity Sports II **KINE** 2156 Taping and Bandaging

KINE 2356 Care and Prevention of Athletic Injuries

Elective – choose one from: **EDUC** 1300, **KINE** 1164, 1304, 1338, **PSYC** 1100, 1300, or **ANY core course not used to meet core requirements**. (AS degree may use this area for a second math course*)

For questions regarding the university portion of this pathway,
Contact the Kinesiology Department at 254-968-9186.