



AS Kinesiology to
Bachelor of Science in Kinesiology –
Fitness, Athletic and Strength Training Concentration ^T
Guided Pathway
Effective for the 2019-2020 Catalog



First Year – Central Texas College

FIRST SEMESTER	SECOND SEMESTER
^C ENGL 1301 Composition I	^C SPCH 1315, 1318 or 1321
^C HIST 1301 United States History I	^C HIST 1302 United States History II
^C MATH 1314 College Algebra	^{C*} Language, Philosophy & Culture- Sophomore English Literature
^{C*} Component Area Option	KINE 1306 First Aid
KINE 1301 Intro. to Physical Fitness & Sport	*KINE Physical Activity Course (2 credit)
PSYC 2308 – Child Psychology	

Total Semester Hours: 18

Total Semester Hours: 14

Second Year – Central Texas College

It's best to apply to Tarleton State University a full semester before you plan to transfer.

FIRST SEMESTER	SECOND SEMESTER
^C BIOL 2401 Anatomy and Physiology I	^C BIOL 2402 Anatomy and Physiology II
^C GOVT 2305 Federal Government	^C GOVT 2306 Texas Government
^{C*} Creative Arts Selection	^{C*} Social/Behavioral Science Selection
KINE 1304 Personal/Comm. Health I	KINE 1321 Coaching/Sports/Athletics I
KINE Physical Activity Course (2 credit)	KINE 1338 Concepts of Physical Fitness

Total Semester Hours: 15

Total Semester Hours: 16

AS: Kinesiology

You will need to apply for the associate's degree at your community college. Contact your advisor there for more information.

These courses may be completed at CTC (if offered) or TSU

^C ENGL 1302 – Composition II	
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Total Semester Hours: 3

Third Year – Tarleton State University

FIRST SEMESTER	SECOND SEMESTER
EDUC 3320 – Foundations of Teaching: Elementary (EC-6) Classrooms OR EDUC 3321 – Foundations of Teaching: Middle and Secondary Classrooms	EDSP 4361 – Teaching Strategies for Adolescent Students with Learning Disabilities
KINE 3330 – Motor Behavior	READ 3351 – Content Area Literacy
KINE 3310 – Tests and Measurements	KINE 2310 – Fundamentals of Sport Pedagogy
KINE 2320 – Anatomical Kinesiology	KINE 3380 – Adapted Physical Activity
	KINE 2330 – Individual and Dual Sport Skills

Total Semester Hours: 12

Total Semester Hours: 15

Fourth Year – Tarleton State University

FIRST SEMESTER	SECOND SEMESTER
EDUC 4331 – Instructional Strategies for Middle and Secondary Classrooms	KINE 3365 – Principles of Health and Physical Education In Secondary Schools
KINE 3370 – Physiology of Exercise	KINE 4305 – Capstone in Kinesiology
KINE 3355 – Principles of Health and Physical Education In Elementary Schools	EDUC 4335 – Issues of Professionalism
KINE 3360 – Sports Nutrition	EDUC 4690 – Clinical Teaching
KINE 2340 – Team Sport Skills	

Total Semester Hours: 15

Total Semester Hours: 15

Total Degree Hours: 123

This is not an official degree plan. Check with an advisor; degree plans may change in later catalogs.

Part-time students may also follow this sequence. Developmental coursework may be required.

* You may take a different course to meet this requirement. A specific list is available from your advisor.

^C This course counts for the Core Curriculum at any public college or university in Texas.

() Course numbers shown in parentheses are equivalent to these courses at Tarleton State University.

^T Degree availability varies by campus; consult www.tarleton.edu for more information.

For questions about the University portion of this pathway,
Contact the Kinesiology Department at 254-968-9186.