



HEALTH SCIENCES

BHC CVC EFC ECC MVC NLC RLC

**Associate of Arts to
Bachelor of Science in Kinesiology –
Athletic Training Concentration to
Master of Science in Athletic Training^T
Guided Pathway
Effective for the 2019-2020 catalog¹**



First Year – Brookhaven, Cedar Valley, Eastfield, El Centro, Mountain View, North Lake, and Richland College²

FIRST SEMESTER		SECOND SEMESTER	
¹ ENGL 1301 – Composition I (010)		¹ ENGL 1302 – Composition II (010)	
¹ HIST 1301 – United States History I (060)		¹ HIST 1302 – United States History II* (060)	
¹ MATH 1342 – Elementary Statistical Methods* (020)		¹ SPCH 1311 – Introduction to Speech Communication OR (090) ¹ SPCH 1315 – Public Speaking OR (090) ¹ SPCH 1321 – Business & Professional Communication (090)	
EDUC 1300 – Learning Framework ³		KINE 1338 – Concepts of Physical Fitness	
KINE 1301 – Foundations of Kinesiology		PHED x1xx – Physical Activity Course	
¹ PHED 1164 – Introduction to Physical Fitness and Wellness (090)			
Total Semester Hours: 16		Total Semester Hours: 13	

Second Year – Brookhaven, Cedar Valley, Eastfield, El Centro, Mountain View, North Lake, and Richland College
It's best to apply to Tarleton State University a full semester before you plan to transfer.

FIRST SEMESTER		SECOND SEMESTER	
Choose One:		Choose One:	
¹ ENGL 2321 – British Literature* (040)		¹ ARTS 1301 – Art Appreciation* (050)	
¹ ENGL 2326 – American Literature* (040)		¹ DANC 2303 – Dance Appreciation I* (050)	
¹ ENGL 2331 – World Literature* (040)		¹ DRAM 1310 – Introduction to Theater* (050)	
¹ GOVT 2305 – Federal Government (070)		¹ HUMA 1315 – Fine Arts Appreciation* (050)	
¹ BIOL 2401 – Anatomy and Physiology I ^A (030)		¹ MUSI 1306 – Music Appreciation* (050)	
KINE 1306 – First Aid and CPR		¹ GOVT 2306 – Texas Government (070)	
		¹ BIOL 2402 – Anatomy and Physiology II (030)	
		Choose One:	
		¹ PHED 1304 – Personal/Community Health, (080)	
		¹ PSYC 2301 – General Psychology (080)	
		¹ PSYC 2314 – Lifespan Growth & Development, (080)	
		¹ SOCI 1301 – Introduction to Sociology (080)	
KINE 2356 – Prevention and Care of Athletic Injuries		¹ BIOL 1406 (BIOL 1306 & 1106) – Biology for Science Majors I OR (080)	
		CHEM 1411 (1311 & 1111) – College Chemistry I	
		PHED x1xx – Physical Activity Course	
Total Semester Hours: 16		Total Semester Hours: 18	

Associate of Arts (63 hours)

You will need to apply for the associate's degree at your community college. Contact your advisor there for more information.

Third Year – Tarleton State University

FIRST SEMESTER		SECOND SEMESTER	
KINE 3360 – Sports Nutrition		KINE 3370 – Physiology of Exercise	
KINE 3330 – Motor Behavior		KINE 3304 – Orthopedic Assessment	
		KINE 3380 – Adapted Physical Activity	
KINE 4302 – Psychological Aspects of Sports OR		KINE 3314 – Therapeutic Exercise and Rehabilitation	
KINE 4330 – Exercise Testing and Prescription OR			
KINE 4335 – Applications in Clinical Exercise Physiology OR KINE 4340 – Exercise Electrocardiography OR			
KINE 4350 – Recreational and Sport Facility Management			
Total Semester Hours: 14		Total Semester Hours: 14	

Fourth Year – Tarleton State University

FIRST SEMESTER		SECOND SEMESTER	
KINE 4305 – Capstone in Kinesiology		ATRN 5351 – Athletic Training Techniques	
KINE 4384 – Clinical Internship in Kinesiology		ATRN 5191 – Clinical I	
KINE 4390 – Biomechanics		ATRN 5452 – Therapeutic Interventions	
KINE 4302 – Psychological Aspects of Sports OR		ATRN 5453 – Orthopedic Assessment I	
KINE 4330 – Exercise Testing and Prescription OR			
KINE 4335 – Applications in Clinical Exercise Physiology OR KINE 4340 – Exercise Electrocardiography OR			
KINE 4350 – Recreational and Sport Facility Management			
KINE 4302 – Psychological Aspects of Sports OR		ATRN 5385 – Theory of S&C	
KINE 4330 – Exercise Testing and Prescription OR			
KINE 4335 – Applications in Clinical Exercise Physiology OR KINE 4340 – Exercise Electrocardiography OR			
KINE 4350 – Recreational and Sport Facility Management			
Total Semester Hours: 15		Total Semester Hours: 15	
Total Degree Hours: 121			

Fifth Year – Tarleton State University

FIRST SEMESTER		SECOND SEMESTER	
ATRN 5192 – Clinical II		ATRN 5357 – Leadership in Athletic Training	
ATRN 5454 – Orthopedic Assessment II		ATRN 5293 – Clinical III	
ATRN 5455 – Therapeutic Exercise		ATRN 5359 – Trends in Athletic Training	
ATRN 5356 – Evidence Based Practice & Research		ATRN 5458 – General Medical Assessment	
Total Semester Hours: 12		Total Semester Hours: 12	

SUMMER SEMESTER

ATRN 5194 – Clinical IV
ATRN 5361 – Empowering Success
ATRN 5362 – Study Abroad/Cultural Healthcare
ATRN 5360 – Healthcare Administration

Total Degree Hours: 34

¹ This is not an official degree plan. Check with an advisor; degree plans may change in later catalogs.
² Degree plans may change in later catalogs. You may use this pathway if you entered one of the seven colleges on or before this date.
³ Students must earn at least 20% of the credit hours (15 hours) required for graduation through instruction by one of the seven DCCCD colleges awarding the degree.
⁴ This course counts for the Core Curriculum at any public college or university in Texas.
⁵ All college students with fewer than 12 semester credit hours of successful college credits (grade of "C" or above) must take a student success course in the first semester.
⁶ There are several options to fulfill this requirement. See your academic advisor for a specific list.
⁷ BIOL 1406 is a prerequisite to BIOL 2401.
⁸ Elective courses should be selected according to the intended university you will transfer to. See your academic advisor for assistance with course selection.
⁹ You must earn a grade of "C" or better in English 1301 and the selected college-level mathematics course and receive a GPA of at least 2.00 on all college-level course work.
¹⁰ Course numbers shown in parentheses are equivalent to those courses at Tarleton State University.
¹¹ Degree availability varies by campus; consult www.tarleton.edu for more information.
 Approved: 2019-2020 Guided Pathway