



AA/AS General Studies – Kinesiology Emphasis to  
Bachelor of Science in Kinesiology  
With an Exercise and Allied Health Professions Concentration<sup>T</sup>



**Guided Pathway**  
Effective for the 2021-2022 Catalog  
First Year – Collin College

FIRST SEMESTER	SECOND SEMESTER
<sup>c</sup> ENGL 1301 – Composition I	<sup>c</sup> ENGL 1302 – Composition II <b>OR</b> ENGL 2311
<sup>c</sup> Mathematics course (see list below)	<sup>c</sup> Life & Physical Sciences course (TSU requires BIOL 2401 Anatomy and Physiology I)
<sup>c</sup> Speech course (see list below)	<sup>c</sup> Language, Philosophy, & Culture course (see list below)
<sup>c</sup> History course (see list below)	<sup>c</sup> History course (see list below)
*Track Options (TSU requires KINE 1301 Foundations of Kinesiology)	*Track Options (TSU requires KINE 1338 Concepts of Physical Health)
Total Semester Hours: 15	Total Semester Hours: 16

**Second Year – Collin College**

It's best to apply to Tarleton State University a full semester before you plan to transfer.

FIRST SEMESTER	SECOND SEMESTER
<sup>c</sup> GOVT 2305 – Federal Government	<sup>c</sup> GOVT 2306 – Texas Government
<sup>c</sup> Life & Physical Sciences course (TSU requires BIOL 2402 Anatomy and Physiology II)	<sup>c</sup> Creative Arts course (see list below)
<sup>c</sup> Social/Behavioral Sciences course (TSU requires PSYC 2301 General Psychology)	*Track Options (see list below)
*Track Options (TSU requires KINE 1306 First Aid and CPR)	*Track Options (see list below)
*Track Options (see list below) (TSU requires KINE 2356 Prevention and Care of Athletic Injuries)	<sup>c</sup> Core Elective (TSU requires KINE 1164 Introduction to Physical Fitness and Wellness)
Total Semester Hours: 16	Total Semester Hours: 13

**AS: General Studies - Kinesiology Emphasis**

You will need to apply for the associate's degree at your community college. Contact your advisor there for more information.

These courses may be completed at CC (if offered) or TSU	
Choose 8 Credits from: BIOL 1406, BIOL 1407, CHEM 1411, CHEM 1412, MATH 1342, MATH 2412, PHYS 1401, PHYS 1402, PHYS 1410, PSYC 2314, PSYC 2317, PSYC 2320, <b>or</b> SOCI 1301	Choose 8 Credits from: BIOL 1406, BIOL 1407, CHEM 1411, CHEM 1412, MATH 1342, MATH 2412, PHYS 1401, PHYS 1402, PHYS 1410, PSYC 2314, PSYC 2317, PSYC 2320, <b>or</b> SOCI 1301
KINE Activity Class (2 credit min)	
Total Semester Hours: 10	Total Semester Hours: 8

**Third Year – Tarleton State University**

FIRST SEMESTER	SECOND SEMESTER
Tarleton Course	Tarleton Course
Tarleton Course	Tarleton Course
Tarleton Course	Tarleton Course
Tarleton Course	Tarleton Course
Total Semester Hours: 12	Total Semester Hours: 12

**Fourth Year – Tarleton State University**

FIRST SEMESTER	SECOND SEMESTER
Tarleton Course	Tarleton Course
Tarleton Course	Tarleton Course
Tarleton Course	Tarleton Course
Tarleton Course	Tarleton Course
Total Semester Hours: 12	Total Semester Hours: 12

This is not an official degree plan. Check with an advisor; degree plans may change in later catalogs.

Part-time students may also follow this sequence. Developmental coursework may be required.

<sup>c</sup> You may take a different course to meet this requirement. A specific list is available from your advisor.

<sup>c</sup> This course counts for the Core Curriculum at any public college or university in Texas.

( ) Course numbers shown in parentheses are equivalent to these courses at Tarleton State University.

<sup>T</sup> Degree availability varies by campus; consult [www.tarleton.edu](http://www.tarleton.edu) for more information.

**Collin Options:**

**Mathematics** – MATH 1314, 1316, 1342, 2305, 2318, 2320, 2412, 2413, 2414, 2415. AA/AAT degrees may also choose from: MATH 1324, 1325, 1332, 1350, 1351

**Life & Physical Sciences** – BIOL 1406, 1407, 1414, 1415, 2401, 2402, 2406, 2416, 2421, CHEM 1411, 1412, 2423, 2425, ENVR 1401, 1402, GEOL 1403, 1404, PHYS 1401, 1402, 2425, 2426. AA/AAT degrees may also choose from: BIOL 1408, 1409, 2404, 2420, CHEM 1405, GEOL 1401, 1402, 1445, 1447, PHYS 1403, 1404, 1405, 1410, 1415, 1417

**Language, Philosophy, & Culture** – ENGL 2322, 2323, 2327, 2328, 2332, 2333, 2341, HIST 2311, 2312, 2321, 2322, HUMA 1301, PHIL 1301, 1304, 2303, 2306, 2307, 2321

**Creative Arts** – ARTS 1301, 1303, 1304, 1313, DANC 2303, DRAM 1310, 2361, 2362, 2366, MUSI 1306, 1307, 1310

**American History** – HIST 1301, 1302, 2301

**Social/Behavioral Sciences** – ANTH 2302, 2346, 2351, ECON 1301, 2301, 2302, PSYC 2301, SOCI 1301, 1306

**Speech** – SPCH 1311, 1315, 1324

**Core Elective** – choose one from: EDUC 1100, 1300, KINE 1164, 1304, 1338, or any core course not used to meet the requirement of another component.

**\*Track Options:**

**Athletic Training Recommended Electives –**

- BIOL 1322 – Nutrition and Diet Therapy
- KINE 1304 – Personal/Community Health
- KINE 1306 – First Aid
- KINE 1338 – Concepts of Physical Fitness
- KINE 2356 – Care and Prevention of Athletic Injuries

**Exercise Science Recommended Electives –**

- KINE (1100, 2100, 1106, 2106, 1129, 1133)
- KINE 1164 – Introduction to Physical Fitness and Wellness
- KINE 1301 – Foundations of Kinesiology
- KINE 1304 – Personal / Community Health
- KINE 1306 – First Aid
- KINE 1338 – Concepts of Physical Fitness

**Sports Management Recommended Electives –**

- KINE 1301 – Foundations of Kinesiology
- KINE 1336 – Introduction to Sports Management