



Associate of Science in Sport and Recreation
 Bachelor of Science in Kinesiology –
 Exercise and Sport Studies Concentration ^T
Guided Pathway
 Effective for the 2019-2020 Catalog



First Year – Paris Junior College

FIRST SEMESTER	SECOND SEMESTER
EDUC/PSYC 1100 – Learning Framework	^C BIOL 2401 – Anatomy & Physiology I (030)
^C ENGL 1301 – Composition I (010)	^C COMM 1307 – Introduction to Mass Comm. (040)
^C HIST 1301 – United States History I (060)	^C ENGL 1302 – Composition II (010)
^C MATH 1342 – Elementary Statistical Methods (020)	^C HIST 1302 – United States History II (060)
^C MUSI 1306 – Music Appreciation (050)	PHED 1338 – Concepts of Physical Fitness
PHED 1301 – Foundations of Kinesiology	
Total Semester Hours: 16	Total Semester Hours: 16

Second Year – Paris Junior College

It's best to apply to Tarleton State University a full semester before you plan to transfer.

FIRST SEMESTER	SECOND SEMESTER
^C BIOL 2402 – Anatomy & Physiology II (030)	ACCT 2301 – Principles of Financial Accounting
^C ECON 2301 – Principles of Macroeconomics (080)	^C ECON 2302 – Principles of Microeconomics (090)
^C GOVT 2305 – Federal Government (070)	^C GOVT 2306 – Texas Government (070)
PHED 1306 – First Aid	PHED 2356 – Care and Prevention of Athletic Injuries
^C SPCH 1315 – Public Speaking (090)	
Total Semester Hours: 16	Total Semester Hours: 12

AS: Sport and Recreation

You will need to apply for the associate's degree at your community college. Contact your advisor there for more information.

These courses may be taken at Paris Junior College or TSU	
Elective Course	Elective Course
KINE Activity Elective Course	
Total Semester Hours: 9	

Third Year – Tarleton State University

FIRST SEMESTER	SECOND SEMESTER
KINE 3370 – Physiology of Exercise	Advanced Elective Course
Advanced Elective Course	Advanced Elective Course
KINE 3380 – Adapted Physical Activity	KINE 3310 – Tests and Measurements
KINE 3360 – Sports Nutrition	KINE 2320 – Anatomical Kinesiology or KINE 3390 – Kinesiology
	KINE 3330 – Motor Behavior
Total Semester Hours: 12	Total Semester Hours: 15

Fourth Year – Tarleton State University

FIRST SEMESTER	SECOND SEMESTER
Advanced KINE Elective Course	Advanced KINE Elective Course
KINE 4305 – Capstone in Kinesiology	Advanced KINE Elective Course
Advanced KINE Elective Course	Advanced KINE Elective Course
Advanced Elective Course	Advanced KINE Elective Course
Total Semester Hours: 12	Total Semester Hours: 12

TOTAL: 120

This is not an official degree plan. Check with an advisor; degree plans may change in later catalogs.

Part-time students may also follow this sequence. Developmental coursework may be required.

- * You may take a different course to meet this requirement. A specific list is available from your advisor.
- ^C This course counts for the Core Curriculum at any public college or university in Texas.
- ⁽⁾ Course numbers shown in parentheses are equivalent to these courses at Tarleton State University.
- ^T Degree availability varies by campus; consult www.tarleton.edu for more information.